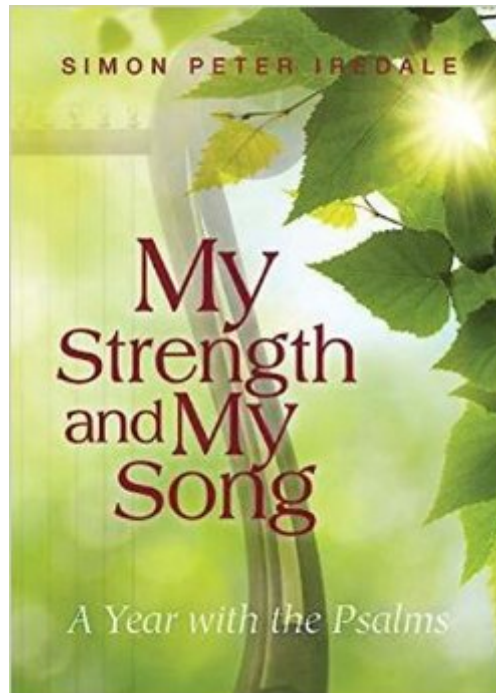


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# My Strength And My Song: A Year With The Psalms



## Synopsis

Few biblical books so widely and deeply resonate with spiritual pilgrims as the Psalms. Rich in powerful and evocative imagery, reflecting timeless human emotions and experiences ranging from the depths of despair to the highest joy, these ancient writings affirm the eternal truths that God is present, God loves, God cares, and God saves. From the heartfelt cries of individuals and the story of the Israelite nation woven throughout, contemporary readers join the psalmists in seeking and finding the God of hope, comfort, strength, protection, and renewal. Following an introduction, this book guides readers on a year-long journey through the Psalms, offering a personal study/reading for each week. Each reading carefully unpacks the psalm, highlights its key insights, and closes with a reflection and a prayer.

## Book Information

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Average Customer Review: 4.8 out of 5 stars [See all reviews](#) (5 customer reviews)

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## Customer Reviews

I have always had trouble appreciating the Psalms. This book helps a lot. Good information and a wonderful way to approach a study of the Psalms.

This book with a psalm and commentary for each week is outstanding in its interpretation and descriptive writing that brings about understanding, learning and worship. The psalms are very special to me, as I have gone to them with problems and grief and have always found comfort. This book enlarges my spiritual perspective, the author is masterful with words that clarify and amplify the message of the poet. I am recommending it to my friends.

This is used as a weekly study with a group of 10-12 adults. It has started much conversation and new approaches to Psalms. It would be easier to use if the verses were in order instead of skipping all around.

former chaplan simionpeter iredale has writtion a very moving and easy to understand guide to the psalms. it is not only inspirational but also very hard to put down. this little inexpensive paperback covers the entire book of psams along with the arthurs comments and questions to think about wonderful book to give to family and friends for a birthday or christmas and great for a Bible study. he is currently the writer for the december methodist quarterly.also recamended: this is your captain speaking by gavin mcloud, the reason for my hope salvation ( new book by billy graham) operation christmas child by franklin graham,one way love by tullian tchividjian( billy grahams gradson) wounded by gods people by anne graham lotz

A good study of the Psalms that are used. Easy to use and understand.

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